

## CURRICULUM VITAE

**NAME:** Stellino, Megan, Babkes

**POSITION:** Professor  
School of Sport and Exercise Science  
College of Natural and Health Sciences  
University of Northern Colorado  
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### EDUCATION:

<u>Year</u>	<u>Degree</u>	<u>Institution</u>	<u>Area of Study</u>
1999	Ed.D.	University of Northern Colorado, Greeley, Colorado	Kinesiology
1996	M.S.	University of Oregon, Eugene, Oregon	Exercise Movement Science
1993	B.A.	University of Washington, Seattle, Washington	Psychology

### PROFESSIONAL EXPERIENCE:

<u>Years</u>	<u>Position</u>	<u>Institution</u>	<u>Responsibilities</u>
2010-present	Professor	University of Northern Colorado Greeley, Colorado	Teaching/Research/ Service
2005-2010	Associate Professor	University of Northern Colorado Greeley, Colorado	Teaching/Research/ Service
Winter 2005 Spring 2007 Winter 2008	Adjunct Professor College of Education	University of Denver, Denver, Colorado	Teach Graduate/ Undergraduate Psychosocial Dimensions of Sport & Wellness
Spring 2004	Adjunct Professor	Colorado State University Ft. Collins, Colorado	Taught Undergraduate Psychology of Sport
2001-2005	Assistant Professor	University of Northern Colorado Greeley, Colorado	Teaching/Research/ Service
1999-2001	Post-Doctoral Research Fellow	University of California Los Angeles (UCLA) and the International Center for Talent Development (ICTD) Los Angeles, California	Research/Teaching/ Lab Coordination
1998-1999	Lecturer/Instructor	University of Northern Colorado Greeley, Colorado	Teaching
1998-1999	Substitute Teacher	Weld Country District 6 Greeley, Colorado	Teaching

1996-1998	Graduate Teaching Assistant	University of Northern Colorado Greeley, Colorado	Teaching
1994-1996	Graduate Teaching Assistant	University of Oregon Eugene, Oregon	Teaching
1993-1994	Director/Teacher	WeeWACs – Washington Athletic Club Child Care Center Seattle, Washington	Teaching/ Administration

**AREA OF SPECIALIZATION:**

Social Psychology of Sport and Physical Activity  
Social Influence on Motivation, Emotion and Self-Perceptions  
Special Populations Sport and Physical Activity Participation

**RESEARCH AREAS/INTERESTS:**

Social influence on sport achievement and physical activity  
Psychosocial predictors and outcomes associated with sport achievement and physical activity  
Childhood obesity and physical activity

**PUBLICATIONS:**

**Juried:**

Davies, M. J., Koon, L. M., & **Babkes Stellino, M.** (submitted). Why CrossFit?: Participants' basic psychological needs and motives. *Sport, Exercise and Performance Psychology*.

Massey, M. V., Stellino, M. B., Mullen, S. P., Claassen, J., & Wilkison, M. (submitted). The Great Recess Framework: Reliability and validity of a tool to measure the quality of school-based recess. *BMC Public Health*

Koon, L.M., Brustad, R.J., & **Babkes Stellino, M.** (in press). A taxonomy to aid in the design of complex physical activities for older adults. *Proceedings of the Human Factors and Ergonomics Society Annual Meeting*

Davies, M. J., **Babkes Stellino, M.**, & Gray, D.P. (submitted). Basic psychological needs satisfaction and self-determined motivation among Canadian golf league members. *Leisure/Loisir*

**Stellino, M. B.**, Vazou, S. & Koon, L. M. (abstract accepted). Motivational and social influence factors in CSPAP implementation. In R. L. Carson, & C. A. Webster (Eds.), *Comprehensive school physical activity programs: Handbook of research and practice*. Champaign, IL: Human Kinetics.

Dauenhauer, B., **Stellino, M. B.**, & Webster, C. (abstract accepted). Before and after school physical activity program effectiveness. In R. L. Carson, & C. A. Webster (Eds.), *Comprehensive school physical activity programs: Handbook of research and practice*. Champaign, IL: Human Kinetics.

Kroshus, E, **Babkes Stellino M.**, Chrisman S. P. D., & Rivara F.P. (2017). Threat, pressure and communication about concussion safety: Implications for parent concussion education. *Health Education & Behavior*.

Massey, W.V., **Stellino, M.B.**, Henning, Dykstra (revise and resubmit). Evidence-based strategies for socially, emotionally, and physically beneficial school recesses. *JOPERD*,

Massey, W.V., **Stellino, M.**, Godbersen, T., Holliday, M., Rodia, R., & Kucher, G., Wilkison, M. (2017). The impact of a multi-component physical activity programme in low-income elementary schools. *Health and Education Journal*, 1-14.

- Massey, M.V., **Stellino, M. B.**, Wilkison, M., Whitley, M.A. (accepted). The impact of a recess-based peer-leadership training program in low-income, urban, elementary school students. *Journal of Applied Sport Psychology*
- Sinclair, C., & **Babkes Stellino, M.** (2017). Pictorial playground-based physical activity assessment instrument: Uses and applications of the ADL-PP. *JOPERD*, 88(3), 16-21.
- Dauenhauer, B., Krause, J., Douglas, S., Smith, M., & **Babkes Stellino, M.** (2017). A newly revised Master's degree in physical education and physical activity leadership at the University of Northern Colorado *JOPERD* (Special Issue), 88(2), 14-19.
- Parker, M., Morrison, J., Patton, K., **Stellino, M.B.**, Hinchion, C., & Hall, K. (2016). *'I Couldn't Teach Without Technology': A Teacher and Student Learning Journey*. In Pedagogical Cases: Digital Technologies in Youth Physical Activity, Physical Education and Sport, A. Casey, V. Goodyear, and K. Armour (eds.), London: Routledge.
- Davies, M. J., Coleman, L., & **Babkes Stellino, M.** (2016). The relationship between basic psychological need satisfaction, behavioral regulation, and participation in CrossFit. *Journal of Sport Behavior*, 39(3),
- Davies, M. J., **Babkes Stellino, M.**, Nichols, B., & Coleman, L. (2016). The relationship between other-initiated motivational climate and youth hockey players' good and poor sport behaviors. *Journal of Applied Sport Psychology*, 28(1), 78-96.
- Babkes Stellino, M.**, & Sinclair, C.D. (2014). Examination of recess physical activity patterns using the activities for daily living-playground participation (ADL-PP) instrument. *Journal of Teaching in Physical Education*, 33(2), 282-296.
- Erwin, H. E., **Babkes Stellino, M.**, Beets, M. W., & Beighle, A. (2013). Physical education lesson content and teacher style and elementary students' motivation and physical activity levels. *Journal of Teaching in Physical Education*, 32, 321-334.
- Babkes Stellino, M.**, & Sinclair, C.D. (2013). Psychological predictors of children's recess physical activity motivation and behavior. *Research Quarterly for Exercise and Sport*, 84(2), 167-176.
- Babkes Stellino, M.**, & Sinclair, C.D. (2013). From atheoretical to motivation theory-based youth discretionary-time physical activity promotion: Current and future directions. *Revista de Iberomaericana de Psicologia del Ejercicio y el Deporte*, 6(2), 283-298.
- Ward, S., Farnsworth, C., **Babkes Stellino, M.**, & Perrett, J. (2012). Attraction to physical activity for youth who are bvi/dhh at a residential school. *Californian Journal of Health Promotion*, 10(1), 89-98.
- Kirkland, R., Karlin, N., **Stellino, M.**, & Pulos, S. (2011). Basic psychological needs satisfaction, motivation, and exercise in older adults. *Activities, Adaptation, & Aging*, 35(3), 181-196.
- Babkes Stellino, M.**, Partridge, J.A., & Moore, K.L. (2011). Social influence on emotion in sport. In J. Thatcher, M. Jones & D. Lavallee, (Eds.), *Coping and emotion in sport* (2<sup>nd</sup> ed., 118-142). London: Routledge.
- Ward, S., Farnsworth, C., **Babkes Stellino, M.**, & Perrett, J. (2011). Parental influence and the attraction of physical activity for youths who are visually impaired at a residential-day school. *Journal of Visual Impairment & Blindness*, 105, 493-498
- Beighle, A., Beets, M.W., Erwin, H.E., White, J., Moore, J.B., & **Stellino, M.** (2010). Physical activity promotion in afterschool programs. *Afterschool Matters*, 11, 24-32.

- Babkes Stellino, M.**, Sinclair, C.D., Partridge, J.A., & McClary King, K. (2010). Differences in children's recess physical activity: Recess activity of the week (RAW) intervention. *Journal of School Health*, 80(9), 436-444.
- Scanlan, T.K., Scanlan, L.A., & **Babkes Stellino, M.** (2009). Athlete development. In R.A. Shweder, T.R. Bidell, A.C. Dailey, S.D. Dixon, P.J. Miller, & J. Modell (Eds.), *The Chicago Companion to the Child* (pp. 72-73). Chicago: University of Chicago Press.
- LaVoi, N.M., & **Babkes Stellino, M.** (2008). The relation between perceived parent-created sport climate and competitive youth male hockey players' good and poor sport behaviors. *The Journal of Psychology*, 142(5), 471-496.
- Casper, J.M., & **Babkes Stellino, M.** (2008). Demographic differences in recreational tennis participants' sport commitment model predictors. *Journal of Park and Recreation Administration*, 26, 93-115.
- Sinclair, C.D., **Babkes Stellino, M.**, & Partridge, J.A. (2008). Recess activities of the week (RAW): Promoting increases in children's free time physical activity. *Strategies: A Journal for Physical and Sport Educators*, 21(5), 21-24.
- Babkes Stellino, M.**, & Sinclair, C.D. (2008). Intrinsically motivated, free-time physical activity: Considerations for recess. *Journal of Physical Education, Recreation, & Dance (JOPERD)*, 79(4), 37-40.
- Partridge, J.A., Brustad, R.J., & **Babkes Stellino, M.** (2008). Social influence in sport. In T.S. Horn (Ed.), *Advances in Sport Psychology* (3<sup>rd</sup> ed., pp. 269-291). Human Kinetics: Champaign, IL.
- Babkes Stellino, M.**, & Partridge, J.A. (2007). Motives and deterrents to sport and physical activity participation amongst underserved youth. *The Journal of Youth Sports*, 3(1), 17-22.
- Casper, J., Gray, D., & **Babkes Stellino, M.** (2007). A sport commitment model perspective on adult tennis players' participation frequency and purchase intentions. *Sport Management Review*, 10(3), 253-278.
- Stotlar, D.K., Wonders, A., & **Babkes Stellino, M.** (2007). Developing elite athletes: A content analysis of US National Governing Body systems. *International Journal of Applied Sport Sciences*, 18(2), 121-144.
- Scanlan, T.K., **Babkes, M.L.**, & Scanlan, L.A. (2005). Participation in sport: A developmental glimpse at emotion. In J.L. Mahoney, J.S. Eccles, & R. Larson (Eds.), *Organized Activities as Contexts of Development: Extracurricular Activities, After School and Community Programs* (pp. 275-309). Lawrence Erlbaum Associates Inc: Mahwah, NJ.
- Babkes, M.L.** & Partridge, J.A. (2004). Social influence on emotion in sport. In D. Lavallee, J. Thatcher, & M. Jones (Eds.), *Coping and emotion in sport* (pp. 145-166). Nova Science Publishers: Hauppauge, NY.
- Welk, G.J., **Babkes, M.L.**, & Schaben, J. (2004). Parental influences on youth sport participation. In M. Silva (Ed.), *Biosocial approach of youth sports* (pp. 95-122). Faculty of Sport Science and Physical Education: Coimbra, Portugal.
- Brustad, R.J., & **Babkes, M.L.** (2004). Social influences on the psychological dimensions of physical activity involvement. In M.R. Weiss (Ed.), *Developmental sport and exercise psychology: A lifespan perspective* (pp. 313-333). Fitness Information Technology Inc.: Morgantown, WV.
- Brustad, R. J., **Babkes, M. L.**, & Smith, A. L. (2001). Youth in sport: Psychological considerations. In R.N. Singer, H. Hausenblas, & C. Janelle (Eds.), *Handbook of sport psychology* (2nd ed., pp. 604-635). Wiley & Sons: New York, NY.

**Babkes, M. L.,** & Weiss, M. R. (1999). Parental influence on children's cognitive and affective responses to competitive soccer participation. *Pediatric Exercise Science, 11*, 44-62.

**Invited:**

Greenleaf, C., & **Babkes Stellino, M.** (2007). Lessons learned at the Action on Obesity Summit 2007. *Association for Applied Sport Psychology Newsletter, 22* (2), 29-30.

**Published Abstracts:**

Coleman, L., **Babkes Stellino, M.,** Brustad, R.J. (2015). An Exploration of Executive Function among Older Adult Athletes and Non-Athletes. [Abstract] *Journal of Sport & Exercise Psychology, 35*, S107.

Pierotti, C.P., & **Babkes Stellino, M.** (2015). An Exploration of Peer Leadership and Group Dynamics in High School Spirit Teams. [Abstract] *Journal of Sport & Exercise Psychology, 35*, S107.

**Babkes Stellino, M.,** Thornton, M., & Erwin, H. (2015). Elementary teacher autonomy support for children's recess physical activity motivation. [Abstract]. *Research Quarterly for Exercise and Sport, XX*(S1), A.

Thornton, M.L., **Babkes Stellino, M.,** Moore, E., Johnson, C., & Erwin, H. (2015). Gender inequalities in elementary recess physical activity. [Abstract]. *Research Quarterly for Exercise and Sport, 86*(S1), A.

Dauenhauer, B., **Stellino, M. B.,** & Smith, M. (2015). Service learning lessons from a before school physical activity program [Abstract]. *Research Quarterly for Exercise and Sport, 86*(S2), A5-A6.

Thornton, M. L., Moore, E., Johnson, C., Erwin, H., & **Babkes Stellino, M.** (2014). Relationship between recess physical activity levels and the built environment. [Abstract]. *Research Quarterly for Exercise and Sport, 85*(S1), A88.

Sinclair, C. D., & **Babkes Stellino, M.** (2014). "A Drawing of Me": Exploring children's recess psychological needs satisfaction. [Abstract]. *Research Quarterly for Exercise and Sport, 85*(S1), A37.

Pierotti, C.P., Moore, K.L., **Babkes Stellino, M.,** & Beilman, J.K. (2013). Self-handicapping in collegiate dance teams. [Abstract] *Journal of Sport & Exercise Psychology, 35*, S107.

Moore, K.L., & **Babkes Stellino, M.** (2013). Self-handicapping in collegiate athletes: Testing the explanatory value of basic psychological needs satisfaction and self-theory of ability. [Abstract] *Journal of Sport & Exercise Psychology, 35*, S102.

**Babkes Stellino, M.,** Erwin, H., & Beighle, A. (2012). Expectancy-value theory approach to home and school-based physical activity [Abstract]. *Journal of Sport & Exercise Psychology, 34*, S197.

**Babkes Stellino, M.,** & Sinclair, C. (2012). Elementary Children's Patterns of Recess Physical Activity [Abstract]. *Research Quarterly for Exercise and Sport, 83*,

Pierotti, C.P., Moore, K.L., & **Babkes Stellino, M.** (2012). Initial Exploration of Self-Handicapping in Professional Dance Team Performance [Abstract]. *Research Quarterly for Exercise and Sport, 83*, A-11.

**Babkes Stellino, M.,** & Sinclair, C. (2011). Children's attraction to psychological need-based recess physical activity ideas [Abstract]. *Research Quarterly for Exercise and Sport, 82*.

Erwin H.E., Schwartz, J.C., Beighle, A., **Babkes Stellino, M.,** Abel, M.G., & Koufoudakis, R. (2011). Lesson influence on motivation and physical activity in physical education [Abstract]. *Research Quarterly for Exercise and Sport, 82*.

- Sinclair, C.D., & **Babkes Stellino, M.** (2010). Psychological predictors of children's recess physical activity [Abstract]. *Research Quarterly for Exercise and Sport*, 81, 109.
- Sinclair, C.D., **Babkes Stellino, M.**, & Partridge, J.A. (2008). Recess activities of the Week: Differences in free-time physical activity [Abstract]. *Research Quarterly for Exercise and Sport*, 79, 63-64.
- Ward, S., **Babkes Stellino, M.**, Farnsworth, C., & Perrett, J. (2008). Youth with hearing or visual impairments attraction to physical activity [Abstract]. *Research Quarterly for Exercise and Sport*, 79, 86.
- Burgess, A.G., & **Babkes Stellino, M.** (2007). Overweight-based teasing and motivation to be physically active: The important of autonomy, competence and relatedness. [Abstract]. *Journal of Sport & Exercise Psychology*, 29, 151.
- Hinkle Smith, S.L., & **Babkes Stellino, M.** (2007). Cognitive dissonance in athletic hazing: The roles of commitment and athletic identity. [Abstract]. *Journal of Sport & Exercise Psychology*, 29, 169.
- Babkes Stellino, M.** & LaVoi (2006). The influence of perceived parent-created climate on competitive youth male hockey players' ethically related sport behaviors [Abstract]. *Journal of Sport & Exercise Psychology*, 28, S28.
- Marlatt, H.L., **Babkes Stellino, M.**, & Brustad, R.J. (2006). The relationship between children's perception of personal autonomy in organized sport and time spent in unstructured physical activity [Abstract]. *Journal of Sport & Exercise Psychology*, 28, S126-S127
- Babkes, M.L.** & Sinclair, C.D. (2004). The nature of elementary school children's recess behavior [Abstract]. *Research Quarterly for Exercise and Sport*, 75, 56-57.
- Wisdom, S.A., **Babkes, M.L.**, & Brustad, R.J. (2004). Achievement goal orientations and social motivational orientations among male and female interscholastic athletes [Abstract]. *Research Quarterly for Exercise and Sport*, 75, 96.

## PROFESSIONAL PRESENTATIONS:

### Juried:

- Babkes Stellino, M.**, Koon, L.M., Stoecker, P., Kuhn, A. (submitted for 2018). *University Classroom Physical Activity Breaks: Students' Motivational Correlates*. Presentation at the Annual Society for Physical Educators (SHAPE America) Convention, Nashville, TN, USA.
- Koon, L. M., **Babkes Stellino, M.**, Brustad, R. J. (2017). *A Taxonomy to Aid in the Design of Complex Physical Activities for Older Adults*. Presentation at the Human Factors and Ergonomics Society (HFES) annual meeting, Austin, TX, October, 2017.
- Brustad, R. J., Koon, L. M., **Babkes Stellino, M.** (2017). *The Influence of Task Complexity and Social Engagement During Physical Activity on Executive Functioning in Older Adults*. Presentation at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), San Diego, CA, USA.
- Massey, W.V., **Stellino, M.B.**, Mullen, S.P., Wilkison, M., & Claassan, J. (2017). *The Great Recess Framework: Evidence for an observational tool to measure to quality of recess*. Presentation at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA). San Diego, CA, USA.
- Babkes Stellino, M.**, Dauenhauer, B., Stoecker, P., Kuhn, A., Chavarria, M. (2017). *Structured Before-School Physical Activity: Impact on Student Behaviors and Experiences*. Presentation at the Annual Society for Physical Educators (SHAPE America) Convention, Boston, MA, USA.

- Babkes Stellino, M.**, Koon (Coleman), L.M., Stoepker, P., Kuhn, A., Chavarria, M. (2017). *Exploring the Impact of Physical Activity Breaks in College Classrooms*. Presentation at the Annual Society for Physical Educators (SHAPE America) Convention, Boston, MA, USA.
- Stoepker, P., Lynch, B., Nam, Y., Krause, J., Dauenhauer, B., **Stellino, M. B.**, McMullen, J., Smith, M., Carson, R.L. (2017). *The Future of Physical Activity Leadership: Characteristics of School Professionals Seeking a Master's Degree in Physical Education and Physical Activity Leadership*. Paper presented at the National Association of Kinesiology in Higher Education (NAKHE), Orlando, Florida.
- Coleman, L., Brustad, R.J., **Stellino, M.**, Akbar, A., Lalonde, A., Marshall. (2016). *Executive Function as a Predictor of Success among Collegiate Baseball Players*. Presentation at the annual meet of the Association for Applied Sport Psychology (AASP) conference, Phoenix, AZ, USA.
- Nichols, B.A., **Stellino, M.B.**, Brustad, R.J. (2016). *Correlates of collegiate coaching efficacy*. National Coaching Conference. Seattle, WA, USA.
- Dauenhauer, B., Carson, R., Krause, J., **Stellino, M.B.**, Douglas, S., & Smith, M.A. (2015). *Development of a Master's Program Focused on CSPAP Leadership: Perspectives from the University of Northern Colorado*. Presentation at the annual SHAPE Physical Education Teacher Education and Health Education Teacher Education (PETE & HETE) Conference in Atlanta, GA, USA.
- Massey, W.V., Holliday, M., Hess, C.W., & **Stellino, M.B.** (2015). *Building community partners to evaluate the impact of organized play in low-income urban elementary schools*. In W.V. Massey (Chair), *Community engaged youth development research: Building partnerships to promote action research*. Symposium at the annual meeting of the Association for Applied Sport Psychology, Indianapolis, IN, USA.
- Moore, K.L., & **Babkes Stellino, M.** (2015). *Performance "Insurance": The Self-Handicapping process in collegiate athletes*. Presentation at the annual meet of the Association for Applied Sport Psychology (AASP) conference, Indianapolis, IN, USA.
- Coleman, L., **Babkes Stellino, M.**, Brustad, R.J. (2015). *An Exploration of Executive Function among Older Adult Athletes and Non-Athletes*. Presentation at the the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Annual Conference, Portland, OR.
- Pierotti, C.P., & **Babkes Stellino, M.** (2015). *An Exploration of Peer Leadership and Group Dynamics in High School Spirit Teams*. Presentation at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Annual Conference, Portland, OR.
- Babkes Stellino, M.**, Thornton, M., & Erwin, H. (2015). *Elementary teacher autonomy support for children's recess physical activity motivation*. Presentation at Society for Health and Physical Educators (SHAPE), Seattle, WA.
- Dauenhauer, B., **Babkes Stellino, M.**, Smith, M.A. (2015). *Service learning lessons from a before school physical activity*. Presentation at the Annual Society for Health and Physical Educators (SHAPE) Convention, Seattle, WA.
- Thornton, M.L., **Babkes Stellino, M.**, Moore, E., Johnson, C., & Erwin, H. (2015). *Gender inequalities in elementary recess physical activity*. Presentation at the Annual Society for Health and Physical Educators (SHAPE) convention, Seattle, WA.
- Dauenhauer, B., Krause, J., Douglas, S., **Babkes Stellino, M.**, Smith, M.A., & Carson, R. (2015). *Introducing an online Master's program that integrates physical activity leadership*. Presentation at Society for Health and Physical Educators (SHAPE), Seattle, WA.

- Dauenhauer, B., **Babkes Stellino, M.**, & Carson, R. (2015). Presentation in “*First Flight of the Fledgling: Advancing Comprehensive School Physical Activity Program Research*”: *Establishing a CSPAP Research Agenda within a New Master’s Program Evaluation Plan*. Half-day Workshop at the Society for Health and Physical Educators (SHAPE), Seattle, WA.
- Carson, R. L., Dauenhauer, B., & **Babkes Stellino, M.** (2015). *Introducing a New Masters Program to Develop Leaders of Comprehensive School Physical Activity Programs*. Presentation at the annual Active Living Research (ALR) conference, San Diego, CA.
- Babkes Stellino, M.**, & B. Dauenhauer. (2015). *Before School Physical Activity Programming: Evidence for Policy Inclusion*. Presentation at the annual Active Living Research (ALR) conference, San Diego, CA.
- Coleman, L., Davies, M., & **Babkes Stellino, M.** (2014). “*CrossFit*” *participation: Goal involvement and perceived motivational climate*. Presentation at the annual Association for Applied Sport Psychology (AASP) conference, Las Vegas, NV.
- Coleman, L., Davies, M., & **Babkes Stellino, M.** (2014). *Other-initiated motivational climate and good and poor sport behaviors in youth soccer*. Presentation at the annual Association for Applied Sport Psychology (AASP) conference, Las Vegas, NV.
- Beilman, J. K., & **Babkes Stellino, M.** (2014). *The relationship between mothers’ self-perceptions and sport-specific socialization support for their daughters*. Presentation at the annual Association for Applied Sport Psychology (AASP) conference, Las Vegas, NV.
- Pierotti, C.P., & **Babkes Stellino, M.** (2014). *An Exploration of Peer Leadership and Group Dynamics in High School Spirit Teams*. Presentation at the annual Association for Applied Sport Psychology (AASP) conference, Las Vegas, NV.
- Davies, M., Coleman, L., & **Babkes Stellino, M.** (2014). *Why CrossFit?: Participants’ basic psychological needs and motives*. Presentation at the North American Society for Sport Management (NASSM). Pittsburg, PA.
- Nichols, B., Davies, M., Coleman, L., & **Babkes Stellino, M.** (2014). *Guidelines for effective coach-initiated motivational climate: Relationship to good and poor sport behavior*. Interactive presentation at the National Coaching Conference. Washington, DC.
- Thornton, M. L., Moore, E., Johnson, C., Erwin, H., & **Babkes Stellino, M.** (2014). *Relationship between recess physical activity levels and the built environment*. Presentation at the Annual National Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), St. Louis, MO.
- Sinclair, C. D., & **Babkes Stellino, M.** (2014). “*A Drawing of Me*”: *Exploring children’s recess psychological needs satisfaction*. Presentation at the Annual National Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), St. Louis, MO.
- Babkes Stellino, M.**, & Sinclair, C. (2014). *Elementary physical education and classroom teachers’ perspectives on the value of recess as “currency”*. Presented at the AISEP World Congress. Auckland, New Zealand.
- Sinclair, C., & **Babkes Stellino, M.** (2013). *School-based physical activity: Classroom and physical education teachers’ views of the school/administrator’s role*. Presentation at the Texas AHPERD (TAHPERD) Convention. Dallas, TX.
- Moore, K.L., & **Babkes Stellino, M.** (2013). *Self-handicapping in collegiate athletes: Testing the explanatory value of basic psychological needs satisfaction and self-theory of ability*. Presentation at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Annual Conference, New Orleans, Louisiana.



- Pierotti, C.P., Moore, K.L., **Babkes Stellino, M.**, & Beilman, J.K. (2013). *Self-handicapping in collegiate dance teams*. Presentation at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Annual Conference, New Orleans, Louisiana.
- Babkes Stellino, M.**, & Brustad, R.J. (2013). "Good parenting" and provision of organized opportunities for physical activity in early childhood. Presentation at the Society for Research in Child Development (SRCD) Biennial Meeting, Seattle, Washington.
- Babkes Stellino, M.**, Erwin, H., & Beighle, A. (2012). *Expectancy-value theory approach to home and school-based physical activity*. Presentation at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Annual Conference, Waikiki, Hawaii.
- Babkes Stellino, M.**, Sinclair, C., Erwin, H., & Beighle, A. (accepted for 2012, but not presented). *Measurement and Prediction of Children's Discretionary-Time Physical Activity: Inclusion of Theoretically-Relevant Psychosocial Variables*. 8<sup>th</sup> International Conference on Diet and Activity Methods (ICDAM8). Rome, Italy.
- Babkes Stellino, M.**, & Sinclair, C. (2012). *Elementary Children's Patterns of Recess Physical Activity*. Presentation at the Annual National Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Boston, MA.
- Pierotti, C.P., Moore, K.L., & **Babkes Stellino, M.** (2012). *Initial Exploration of Self-Handicapping in Professional Dance Team Performance*. Presentation at the Annual National Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Boston, MA.
- Babkes Stellino, M.**, & Sinclair, C. (2011). *Children's attraction to psychological need-based recess physical activity ideas*. Presentation at the annual National Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), San Diego, California.
- Erwin H.E., Schwartz, J.C., Beighle, A., **Babkes Stellino, M.**, Abel, M.G., & Koufoudakis, R. (2011). *Lesson influence on motivation and physical activity in physical education*. Presentation at the annual National Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), San Diego, California.
- Babkes Stellino, M.**, & Moore, K.L. (2010). *Confirmation, clarification and expansion of the perceived parental influence on youth sport stress literature*. Presentation at the annual Association for the Applied Sport Psychology (AASP) conference, Providence, Rhode Island.
- Moore, K.L., & **Babkes Stellino, M.** (2010). *Confirmation, clarification and expansion of the perceived parental influence on youth sport enjoyment literature*. Presentation at the annual Association for the Applied Sport Psychology (AASP) conference, Providence, Rhode Island.
- Sinclair, C.D., & **Babkes Stellino, M.** (2010). *Psychological predictors of children's recess physical activity*. Presentation at the annual National Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Indianapolis, Indiana.
- Stellino, M.B.**, & Sinclair, C.D. (2009). *Measuring children's physical activity: Using pictorial self-reports to augment pedometer data*. Presentation at the 7<sup>th</sup> International Conference on Diet and Activity Methods (ICDAM7). Washington D.C.
- LaVoi, N.M., **Babkes Stellino, M.**, Moore, K.L. (2009). *The relation between perceived parent created sport climate and competitive youth hockey players' good and poor sport behaviors*. Presentation at the 2009 biennial meeting of the Society for Research in Child Development (SRCD), Denver, Colorado.

- Sinclair, C.D., **Babkes Stellino, M.**, & Partridge, J.A. (2008). *Recess activities of the week: Differences in free-time physical activity*. Presentation at the annual National Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Ft. Worth, Texas.
- Ward, S., **Babkes Stellino, M.**, Farnsworth, C., & Perrett, J. (2008). *Youth with hearing or visual impairments attraction to physical activity*. Presentation at the annual National Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Ft. Worth, Texas.
- Burgess, A.G., & **Babkes Stellino, M.** (2007, June). *Overweight-based teasing and motivation to be physically active: The important of autonomy, competence and relatedness*. Presentation at the annual conference for the North American Society for Sport and Physical Activity (NASPSPA). San Diego, California.
- Hinkle Smith, S.L., & **Babkes Stellino, M.** (2007, June). *Cognitive dissonance in athletic hazing: The roles of commitment and athletic identity*. Presentation at the annual conference for the North American Society for Sport and Physical Activity (NASPSPA). San Diego, California.
- Burgess, A.G., & **Babkes Stellino, M.** (2007, June). *Parental influence on an overweight child's motivation to be physically active: A conceptual model*. Presented at the annual International Conference on Physical Activity & Obesity in Children, Toronto, Ontario, Canada.
- Perlus, H., & **Babkes Stellino, M.** (2006, September). *An examination of collegiate coaches' motivational orientation for learning and implementing sport psychology*. Presentation at the annual conference for the Association for the Advancement of Applied Sport Psychology (AAASP), Miami, Florida.
- Burgess, A.G., & **Babkes Stellino, M.** (2006, September). *The effects of overweight-based teasing on motivation in youth physical domain participation*. Presentation at the annual conference for the Association for the Advancement of Applied Sport Psychology (AAASP), Miami, Florida.
- Farnsworth, C., **Babkes Stellino, M.**, Perrett, J., & Ward, S. (2006, July). *Attraction to physical activity among youth with visual impairments*. Presentation at the Biennial International Conference of the Association for the Education and Rehabilitation of the Blind and Visually Impaired. Snowbird, Utah.
- Marlatt, H.L., **Babkes Stellino, M.**, & Brustad, R.J. (2006, June). *The relationship between children's perception of personal autonomy in organized sport and time spent in unstructured physical activity*. Presentation at the annual conference for the North American Society for Sport and Physical Activity (NASPSPA). Denver, Colorado.
- Babkes Stellino, M.**, & LaVoi, N.M. (2006, June). *The influence of perceived parent created sport climate on youth male hockey players' ethically related sport behaviors*. Presentation at the annual conference for the North American Society for Sport and Physical Activity (NASPSPA). Denver, Colorado.
- Casper, J., Gray, D., & **Babkes Stellino, M.** (2006, June). *A sport commitment model perspective on adult tennis players' participation frequency and purchase intention*. Presentation at the annual conference for the North American Society of Sport Management.
- Kulikov, N.A., **Babkes, M.L.**, & Brustad, R.J. (2005, October). *The impact of competitive youth swimming on the family system*. Presentation at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Vancouver, BC, Canada.
- Hinkle, S.L., & **Babkes, M.L.** (2005, October). *Cognitive dissonance in athletic hazing: The role of commitment, identity, and social motivation*. Presentation at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Vancouver, BC, Canada.
- Kulikov, N.A., & **Babkes, M.L.** (2004, September). *The impact of siblings on sport participation, experiences and achievement*. Poster session presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Minneapolis, Minnesota.

- Hinkle, S.L., Doty, J.P., & **Babkes, M.L.** (2004, September). *Heuristic model for guiding research focused on the impact and role of the athletic administrator*. Poster session presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Minneapolis, Minnesota.
- Babkes, M.L.** & Sinclair, C.D. (2004, April). *The nature of elementary school children's recess behavior*. Poster session presented at the annual National Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), New Orleans, Louisiana.
- Wisdom, S.A., **Babkes, M.L.**, & Brustad, R.J. (2004, April). *Achievement goal orientations and social motivational orientations among male and female interscholastic athletes*. Poster session presented at the annual National Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), New Orleans, Louisiana.
- Babkes, M.L.**, Hinkle, S.L., Winkel, J. (2003, October). *Parental influence on youth sport achievement: Past, present and future*. Colloquia presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Philadelphia, Pennsylvania.
- Babkes, M.L.**, Kulikov, N.A., Partridge, J.A. (2003, October). *Sibling influence in the sport domain*. Poster session presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Philadelphia, Pennsylvania.
- Eccles, J.S., Duda, J.L., Barber, B., Scanlan, T.K., **Babkes, M.L.**, & McArdle, S. (2002, October). *Investment of talented youngsters in sport and other achievement activities and its consequences*. Symposium presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Tuscon, Arizona.
- Babkes, M.L.**, Kulikov, N.A., Wisdom, S.A., & Wachsman, T.D. (2002, October). *Research-to-practice: Creating 'healthy' youth sport organizations*. Poster session presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Tuscon, Arizona.
- Wisdom, S.A., **Babkes, M.L.**, Harrison, L.A., & Zarb-Cousin, J.A. (2002, October). *Athletic weights: The mental practice component of an interscholastic athletic program*. Poster session presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Tuscon, Arizona.
- Babkes, M.L.** (2002, April). *Social psychological correlates of eating disorders among athletes*. Paper presented at the annual National Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), San Diego, California.
- Babkes, M.L.** (2001, October). *Sport and physical activity socialization of youth with moderate cognitive disabilities: An expectancy-value perspective on parental influence*. Colloquia presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Orlando, Florida.
- Babkes, M.L.** (2001, September). *Developmental aspects of youth sport: Parental influence on psychosocial dimensions*. Paper accepted for presentation at the Sixth International Olympic Committee Congress on Sport Sciences, Salt Lake City, Utah. (paper presentation cancelled because of September 11<sup>th</sup>).
- Babkes, M.L.** (2001, February). *The long-term consequences of female adolescent talent development through extracurricular activity participation*. Paper presented at Rocky Mountain American College of Sports Medicine (RMACSM) regional conference, Frisco, Colorado.
- Babkes, M.L.** (2000, October). *We participate too!: Embracing the study of athletes with cognitive disabilities in the field of sport psychology*. Colloquia presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Nashville, Tennessee.

- Scanlan, T.K., **Babkes, M.L.**, & Beals, K.P. (2000, October). *International Center for Talent Development*. Symposium presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Nashville, Tennessee.
- Magyar, T.M., Amorose, A.J., **Babkes, M.L.**, Gano-Overway, L., Reel, J., & Zizzi, S.J. (2000, October). *Students mentoring students: The transition from graduate student to the new professional*. Workshop presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Nashville, Tennessee.
- Gilbert, W. **Babkes, M.L.**, Beals, K., & Seder, D. (2000, April). *Current research at the International Center for Talent Development*. Symposium presented at the Western Sport and Exercise Psychology Symposium, Los Angeles, California.
- Babkes, M.L.**, & Partridge, J.A. (1999, September). *Using focus groups with at-risk youth to understand developmental issues associated with attraction to physical activity*. Colloquia presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Banff, Alberta, Canada.
- Babkes, M.L.** (1998, September). *Qualitative approaches to understanding parental influence on children's physical activity and sport participation*. Paper presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Cape Cod, Massachusetts.
- Babkes, M.L.** (1998, September). Children's physical activity and sport involvement: Conceptual, theoretical and methodological issues related to parent and peer influences. Symposium presented the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Cape Cod, Massachusetts. (Organizer)
- Welk, G.J., **Babkes, M.L.**, Brustad, R.J., Vice, S., & Bauman, E. (1998, May). *Causal links among determinants of physical activity in children: A structural equation model*. Paper presented at the annual meeting of the American College of Sports Medicine (ACSM), Orlando, Florida.
- Babkes, M.L.**, Brustad, R.J., Lando, S.M., & Bouffard, A. (1998, June). *Children's perceptions of parental influence, self-concept, and affective responses to sport: A cluster analysis*. Paper presented at the annual conference of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), St. Charles, Illinois.
- Ritter-Taylor, M.L., & **Babkes, M.L.** (1998, February). *Developmental aspects of self-presentational processes*. Paper presented at the Rocky Mountain American College of Sports Medicine (RMACSM), Frisco, Colorado.
- Welk, G.J., **Babkes, M.L.**, & Brustad, R.J. (1997, September). *Parental influence on children's attraction to physical activity: An expectancy-value perspective.* Paper presented at the annual conference of the Association the Advancement of Applied Sport Psychology (AAASP), San Diego, California.
- Babkes, M.L.**, & Weiss, M.R. (1997, May). *Parental influence on children's cognitive and affective responses to competitive soccer participation*. Paper presented at the annual conference of the North American Society for Psychology of Sport and Physical Activity (NASPSPA), Denver, Colorado.
- Babkes, M.L.** (1997, February). *We play too!: Exploring motivation and self-perceptions in adapted physical activity*. Paper presented at the Rocky Mountain American College of Sports Medicine (RMACSM) regional conference, Winter Park, Colorado.
- Babkes, M.L.** (1996, May). *The relationship between parental attitudes and behaviors and youth soccer players' perceived competence, motivation and enjoyment*. Paper presented at the Association for the Advancement of Applied Sport Psychology Northwest Student Symposium at the International Institute for Sport and Human Performance, Eugene, Oregon.

**Invited:**

- Carson, R. L., Dauenhauer, B., Krause, J. M., McMullen, J. M., **Babkes Stellino, M.**, Capps, M., Stoepker, P., Pulling Kuhn, A. C., Lee, C. W., von Klingraeff, L., & Mwandira, L. (2017, April). *UNC's contribution to the creation of healthy schools: Overview of a two-year funded project from The Colorado Health Foundation*. 2017 Faculty Poster Session, Office of Research, University of Northern Colorado, Greeley, CO.
- Babkes Stellino, M.** (2011, October). Institutional Review Board (IRB). Speaker for the Dissertation Series. Graduate Student Professional Development Program. University of Northern Colorado, Greeley, Colorado.
- Babkes Stellino, M.** (2008, September). Speaker at the Metro Denver Health & Wellness Commission's Dreaming a Lean and Green School: A symposium on Healthy Food, Fitness and Environments. Denver, Colorado.
- Babkes Stellino, M.** (2007, June). *Sport psychology for high school athletes*. Presentation for the UNC Volleyball Coaches Clinic, University of Northern Colorado, Greeley, Colorado.
- Babkes, M.L.** (2004, August). *Solving academic dilemmas*. Panel discussion for new teaching assistants, University of Northern Colorado, Office of the Graduate School, Greeley, Colorado.
- Babkes, M.L.** (2004, July). *Mental skills training for gymnasts*. Workshop conducted for Airborne Aces Gymnastics Club, Greeley, Colorado.
- Babkes, M.L.** (2003, October). *Sport psychology for coaches*. Pre-Convention Workshop presented at Colorado Alliance for Health, Physical Education, Recreation and Dance (CoAHPERD), Denver, Colorado.
- Babkes, M.L.** (2003, June). *How to be a positive soccer parent*. Workshop conducted for Bootlegger Soccer Club parents, Greeley, Colorado.
- Babkes, M.L.** (2003, March). *How to be a positive gymnastics parent*. Workshop conducted for Airborne Aces Gymnastics Club Parents, Greeley, Colorado.
- Babkes, M.L.** (2003, March). *Sport psychology for gymnasts*. Workshop conducted for gymnasts at Airborne Aces Gymnastics Club, Greeley, Colorado.
- Babkes, M.L.** (2003, February). *The role of sport psychology in training the volleyball athlete*. Symposium conducted at the annual University of Northern Colorado Volleyball Coaching Clinic, Greeley, CO.
- Babkes, M.L.,** Martin, J., Smith, A., & Reel, J. (2002, October). Keynote Panel Discussant for E. Diener's Keynote Talk – "Subjective Well-Being: The Antecedents and Benefits of Happiness". Association for the Advancement of Applied Sport Psychology (AAASP) annual conference, Tuscon, Arizona.
- Babkes, M.L.,** & Wisdom, S.A. (2002, June). *Sport psychology for parents, coaches and athletes*. Two day workshop conducted for Grandview High School Athletics, Aurora, Colorado.
- Babkes, M.L.** (2002, June). *Healthy parenting: How to positively influence your young soccer player*. Workshop conducted for Bootlegger Soccer Club, Greeley, Colorado.
- Babkes, M.L.,** Wisdom, S.A., Kulikov, N.A., & Wachsman, T. (2002, April). *Tips for parenting a successful young athlete*. Workshop conducted for Airborne Aces Gymnastics Club, Greeley, Colorado.
- Babkes, M.L.,** Wisdom, S.A., Kulikov, N.A., & Wachsman, T. (2002, April). *Tips for parenting a successful young athlete*. Workshop conducted for Bootleggers Soccer Club, Greeley, Colorado.
- Babkes, M.L.,** Ehrle, R., Granrud, C., Hinds, J., Luckner, J., Nelson, R., & Peterson, C. (2002, April). *Teaching in Higher Education. Using content expertise in teaching: Views from the disciplines*. Professional Workshops for

Teaching Assistants and other Graduate Students, University of Northern Colorado, Office of the Graduate School, Greeley, Colorado.

**Babkes, M.L.** (2002, March). *Psychology of injury*. Workshop conducted for UNC Athletic Trainers. University of Northern Colorado, Greeley, CO.

**Babkes, M.L.** (2001, March). *Family influence on youth talent development*. Presentation for the UCLA Social Psychology Brown Bag Seminar, Los Angeles, California.

**Babkes, M.L.** (2000, September). *The post-doctoral experience*. Presentation for the University of Northern Colorado School of Kinesiology and Physical Education, Greeley, Colorado.

**Babkes, M.L., & Winters, M.** (2000, September). *College Athletic Scholarships*. Workshop presented for the Southern California Tennis Association. Newport Beach and Los Angeles, California.

**Babkes, M.L.** (1999, April). *Good sports: Parenting your child through the sport experience*. Workshop presented for the Greeley Recreation Center. Greeley, Colorado.

**Babkes, M.L.** (1998, September). *Why parental influence is important in kinesiology and physical education*. University of Northern Colorado KPE Doctoral Colloquium Series, Greeley, Colorado.

**Babkes, M.L.** (1992, September). *Eating disorders and the stressors of combining academics and athletics in college*. Symposium conducted for the University of Washington Athletic Department. Seattle, Washington.

#### **GRANTS:**

Kirby, J., **Stellino, M. B.**, Cox, D., Chavarria, M. (2017). Competing and aging: Challenging the cultural narrative of aging and sports through video portraiture. AASP Oglesby-Snyder Grant for Equity and Cultural Diversity Grant [5,000 – under review]

**Stellino, M.B.** (2016). *Marathon Kids for Rolling Hills Elementary Tiger Miles Club*. Nike – Marathon Kids. [\$2,250 – funded].

Massey, M.V. (PI), & **Stellino, M.B.** (Co-PI) (2016). *Great Recess Framework: The development and validation of a recess observational tool*. Playworks. [\$105,661 – funded].

Coleman, L. **Stellino, M.B.** Massey, W.V. (2016). *Learn through play: The impact of a peer-leadership program on cognitive control in low-income elementary schools students*. AASP Research Grant. [\$4,970 – funded].

**Stellino, M.B.**, Dauenhauer, B. (2016). *The impact of before-school physical activity programming on elementary-age children's behavior, social psychological and academic factors*. UNC Summer Support Initiative: Research, Scholarship and Creative Works. [\$5069.70 - funded]

Massey, W.V., **Stellino, M.B. (Co-I)**, Hillman, C., Mullen, S., & Azen, R. (February 2016). *Multicomponent School-based Physical Activity and Peer-learning Effects on Cognition in Disadvantaged Children*. National Institutes of Health (NIH) R15. [- \$355,128 requested - not funded].

Carson, R. L. (PI); Dauenhauer, B. (Co-PI); Krause, J., McMullen, J., **Stellino, M.B.** (Co-I). (2016). *University of Northern Colorado's contribution to statewide systems building for the creation of healthy schools*. The Colorado Health Foundation, Healthy Living: Creating Health Schools, Statewide Systems Building, Denver, CO. (funded - \$700,814).

Massey, W.V. (PI) & **Stellino, M.B. (Co-PI)**. (2016). *The impact of social competence and physical activity on children's school performance: Can recess improve educational outcomes?* Spencer Foundation [\$49,663 – not funded]

- North Colorado Health Alliance (NCHA: Rosen, C.) partnership with UNC SES (Dauenhauer, B., & **Stellino, M.B.**). (2015). Colorado Health Foundation – Out-of-School Time Physical Activity grant *Weld County Walking/Running Clubs* [\$112,450.00 - funded].
- Stellino, M.B.** (2015). GO! Grant - PHITAmerica. *Implementation and Evaluation of Tiger Miles Club (Before School Physical Activity Program) at Rolling Hills Elementary School* [\$3,500 – funded]
- Lalonde, A., **Stellino, M.B.**, Brustad, R.J. (2015). *Executive Function, Coping and Emotional Intelligence as Predictors of Success among College Athletes*. Office of Undergraduate Research, University of Northern Colorado, Greeley, CO [\$1,000 – funded]
- Stellino, M.B.**, Brustad, R.J., Coleman, L. (2014). *Executive Function as a Predictor of Success Among Collegiate Baseball Players* AASP Research Grant. [\$678.80 - funded].
- Daunhauer, B., Smith, M.A., Krause, J., Douglas, S., & **Stellino, M.B.** (2014). I@UNC, UNC Provost Office [\$171,000 – funded]. *Preparing Educators to be Leaders of Comprehensive School Physical Activity*.
- Stellino, M.B.** (2013). Active Schools Acceleration Project. *Championing BOKS (Before School Physical Activity Program) at Rolling Hills Elementary School, Aurora, CO* [\$1,000 – funded]
- Stellino, M.B.**, & Paul, S. (2013). Active Schools Acceleration Project. *Supporting BOKS (Before School Physical Activity Program) at Billie Martinez Elementary School, Greeley, CO* [\$1,000 – funded]
- Stellino, M.B.**, & Coon, J. (2013). Active Schools Acceleration Project. *Supporting 100mile Club (School-Based Physical Activity Program) at Denver Christian Schools, Denver, CO* [\$1,000 – funded]
- Stellino, M.B.** (2013). UNC College of Natural and Health Sciences' 2013-2014 Faculty Reassignment Award for Research, Scholarship and Creative Works. *Teacher and Administrator Values and Beliefs about School-Based Physical Activity Promotion*. [3-credit course reassignment – Fall 2013].
- Stellino, M.B.** (2013). UNC Summer Support Initiative: Research, Scholarship and Creative Works. *The relationship between motivational climate and youth athlete good and poor sport behavior*. [\$3,000 – funded].
- Stellino, M.B.** (2011). UNC Provost Research & Dissemination Award. *Social predictors of children's recess physical activity*. [\$1,170 – funded].
- Stellino, M.B.** (2010) UNC AVP for Research Summer Research Supportive Initiative. *Social psychological predictors of children's sport and physical activity experiences*. [\$4500 – funded].
- Beighle, A., **Stellino, M.B.**, Erwin, H., Huberty, J., Beets, M.W., Moore, J., Jones, J., Rogers, B., Easton, K., & Balluff, M. (2009). Active Living Research CFP Round 9 (Robert Wood Johnson Foundation). *The Effects of Structured v. Autonomy Supportive Activity Opportunities on Children's Afterschool Program Physical Activity*. [\$300,000 – not funded].
- Stellino, M.B.** (2009). UNC SPARC – Provost Faculty Development & Travel Award. *Measuring Children's Physical Activity: Pictorial Self-Reports to Augment Pedometer Data*. [\$1,825 - funded]
- Erwin, H., Beighle, A., **Stellino, M.**, Abel, M., & Carr, L. (2009) Active Living Research and Healthy Eating Research: Building Evidence to Prevent Childhood Obesity Rapid-Response Round 2 Grants. *Effect of Choice on Student Motivation and Physical Activity Levels in Elementary Physical Education*. [\$88,600 – not funded]
- Erwin, H. E., Beighle, A., **Stellino, M. B.**, & Abel, M. (2009). University of Kentucky Office of the Vice President for Research. *Effect of choice on student motivation and physical activity levels in elementary physical education*. [\$10,000 – funded]

- Stellino, M.B.** (2008). UNC SPARC – Faculty Research and Publications Board - Provost Fund for Research and Dissemination. *Psychological Predictors of Children’s Recess Physical Activity*. [\$4,500 – funded].
- Sinclair, C.D., & **Babkes Stellino, M.** (2008). AAHPERD/Research Consortium Research Grant. *Psychological Predictors of Children’s Recess Physical Activity*. [\$5,532 – funded].
- Stellino, M.B.**, & Sinclair, C.D. (2006). NIH (National Institutes of Health) PA 045-145. *Recess Based Interventions to Prevent Childhood Obesity*. [\$275,000 – not funded]
- Babkes, M.L.**, & Sinclair, C.D. (2005). COPAN (Colorado Physical Activity and Nutrition) and Colorado Department of Public Health and Environment – *Preschool Family Walk Across America Challenge* [unfunded intervention project - \$2,000].
- Babkes, M.L.**, & Sinclair, C.D. (2005). UNC SPARC – Summer Faculty Research Fellowship. *Recess Based Interventions to Prevent Childhood Obesity*. [funded grant preparation - \$4,500]
- Babkes, M.L.** (2004). UNC SPARC - Summer Faculty Research Fellowship. *Sibling Influence in Sport*. [funded research project - \$4,500]
- Jewell,E. (Weld County Area Agency on Aging), Martin, J., **Babkes, M.**, Collins, S., Carter, M., & Wacker, R. (2003). U.S. Department of Health and Human Services - Administration on Aging. *An Interdisciplinary Community Program to Prevent Falls Among Older Adults* [unfunded intervention project - \$251,601]
- Babkes, M.L.**, & **Sinclair, C.D.** (2003). UNC SPARC - Research Development Award. *The Nature of Elementary School Children’s Recess Behavior*. [funded research project - \$2,310]
- Babkes, M.L.** (2003). UNC SPARC – Summer Faculty Research Fellowship. *Parental Influence on Youth Sport Achievement Outcome*. [funded research project - \$4,500]
- Babkes, M.L.** (1998). UNC Graduate School Research Corporation. Summer Doctoral Grant. *Socialization Influences on Children and Attraction to Physical Activity: Examination of the National Youth Sport Program*. [funded research project - \$3,000]

**PROFESSIONAL CONSULTATION:**

- 2017-- Consultant, **Cherry Creek School District Wellness Committee and Office**
- 2014-- Consultant, **Arapahoe Youth Hockey League (Englewood, CO)**
- 2014 -- Consultant, **Healthy Kids Running Series (Aurora, CO)**
- 2010-2012 Consultant, **HSBS (Head Start Body Start) Physical Activity Consultant**
- 2010 Consultant, **Denver Healthy People 2010 Recommendations**
- 2009-- Consultant, **The Little Gym International**
- 2008 Consultant, **Denver Museum of Science and Nature: Expedition to Health Exhibit**
- 2004/2012 Consultant, **Men’s Health Magazine**
- 2003 Consultant, Special Olympics Athlete Retention Study, **Center for Social Development and Education**, University of Massachusetts-Boston in collaboration with the Gallup organization.
- 2003 Consultant, **Grandview High School Lacrosse**, Aurora, Colorado.



- 2002-03 Consultant, **Greeley West High School Football Kicker**, Greeley, Colorado.
- 2003-- Consultant, **UNC Intercollegiate Golf Athletes**, Greeley Colorado.
- 2003-- Consultant, **UNC Intercollegiate Swimmers**, Greeley, Colorado.
- 2003-- Consultant, **Airborne Aces Gymnastics Club**, Greeley, Colorado.
- 2002-- Consultant, **Better Bodies for Women**, Greeley, Colorado.
- 2002-- Consultant, **Greeley Tribune Sport Section**, Greeley, Colorado.
- 2002 -- Consultant, **Bootlegger Soccer Club**, Greeley, Colorado.
- 2002 -- Consultant, **UNC Intercollegiate Wrestling Program**, Greeley, Colorado.
- 2001-- Consultant, **International Center for Talent Development – UCLA**, Los Angeles, California.
- 2001-02 Consultant, **UNC Recreation Center – Group Fitness Instructors and Personal Trainers**,  
Greeley, Colorado.
- 2000-03 Consultant, **Tennis Magazine and Tennis Weekly**.
- 2000-03 Consultant, **McKenzie-United Soccer Club**, Eugene, Oregon.
- 2000 Consultant, **ABC Wide World of Sports** documentary “**Game for Anything: The Strength Women in Sports**” aired in December 2000.
- 1997 Consultant, **UNC Women’s Intercollegiate Volleyball Team**, Greeley, Colorado.
- 1996 Consultant, **USTA Jr. Tennis Players**, Eugene Oregon.

#### **PROFESSIONAL SERVICE:**

- 2017 Abstract/Program Reviewer for the Motivation & Psychology Panel, **2018 SHAPE America National Convention & Expo**
- 2016 Abstract/Program Reviewer for the Motivation & Psychology Panel, **2017 SHAPE America National Convention & Expo**
- 2016 Book Proposal Reviewer, **Oxford University Press – Psychology**, *Science of Exercise: How exercise boosts energy, improves mood, protects the brain and promotes longevity.*
- 2015 Abstract/Program Reviewer for the Psychology Panel, **2016 SHAPE America National Convention & Expo**
- 2015 Abstract Reviewer, AASP 2015 Annual Conference
- 2014 Manuscript Reviewer, **Pediatrics**
- 2014 Abstract Reviewer, AASP Annual Conference
- 2013 Abstract/Program Reviewer for Research Consortium Psychology Panel and NASPE program, **AAHPERD** (2014) National Convention and Exposition
- 2013 Grant Reviewer, **AAHPERD**, Phase I proposals for AAHPERD’s Research Grant Program

- 2013 - Manuscript Reviewer, **Sport, Exercise and Performance Psychology**
- 2012-- Manuscript Reviewer, **Journal of Physical Activity and Health**
- 2012 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)** annual (2012) conference
- 2011- Physical Activity Consultant, **HeadStartBodyStart: HeadStartBodyStart: National Center for**
- 2012 **Physical Development and Outdoor Play**, Catholic Charities Child Development Center, Denver, Colorado; Montessori Early Learning Center, Denver, Colorado; Aurora Head Start – Lowry, Denver, Colorado
- 2011- Grant Proposal Reviewer, **HeadStartBodyStart: National Center for Physical Development and**
- 2012 **Outdoor Play**, Play Space Proposals
- 2011- Grant Proposal Reviewer, **HeadStartBodyStart: National Center for Physical Development and**
- 2012 **Outdoor Play**, Preferred Provider Proposals
- 2011 Abstract/Program Reviewer for Research Consortium Psychology Panel and NASPE program, **AAHPERD** (2012) National Convention and Exposition
- 2010 Grant Proposal Reviewer, **HeadStartBodyStart: National Center for Physical Development and**
- Outdoor Play**, Play Space Proposals
- 2010 Abstract/Program Reviewer for Research Consortium Psychology Panel and NASPE program, **AAHPERD** (2011) National Convention and Exposition
- 2010 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)** annual (2010) conference
- 2010 Grant Proposal Reviewer, **HeadStartBodyStart: National Center for Physical Development and**
- Outdoor Play**, Preferred Provider Proposals
- 2009 Abstract/Program Reviewer, **AAHPERD** (2010) National Convention and Exposition Research Consortium
- 2009-- Manuscript Reviewer, **Journal of Sport Sciences**
- 2009 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)** annual (2009) conference
- 2008 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)** annual (2008) conference
- 2008 Abstract/Program Reviewer, **AAHPERD** (2009) National Convention and Exposition Research Consortium
- 2008-- Textbook Reviewer, **Sage Publications**
- 2007-- Advisory Board Member, **Podium Sports Journal** (<http://www.podiumsportsjournal.com>)
- 2007-- Textbook Reviewer, **Lippincott Williams & Wilkins, WoltersKluwer Health Publisher**
- 2007 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)**

- annual (2007) conference
- 2007 Abstract Reviewer, **North American Society for Sport and Physical Activity (NASPSA)**  
annual (2006) conference
- 2006 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)**  
annual (2006) conference
- 2005 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)**  
annual (2005) conference
- 2003-- Manuscript Reviewer, **Journal of Applied Sport Psychology**
- 2003-- Manuscript Reviewer, **Adapted Physical Activity Quarterly**
- 2004 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)**  
annual (2004) conference
- 2003-2006 **Coordinator, Disability Sport and Exercise Special Interest Group (SIG)**, Association for the  
Advancement of Applied Sport Psychology (AAASP)
- 2003 Abstract Reviewer, Research Consortium Review Panel, Abstracts Submitted for the 2004 **American  
Alliance on Health, Physical Education, Recreation, and Dance (AAHPERD)** annual conference
- 2003 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)**  
annual (2003) conference
- 2002-- Contributor, **Physical Activity Today** sponsored by the Research Consortium of the  
American Alliance on Health, Physical Education, Recreation, and Dance (AAHPERD)
- 2002 Abstract Reviewer, Research Consortium Review Panel, Abstracts Submitted for the 2003 **American  
Alliance on Health, Physical Education, Recreation, and Dance (AAHPERD)** conference
- 2002 Abstract Reviewer, **Association for the Advancement of Applied of Sport Psychology (AAASP)**  
annual (2002) conference
- 2001-2005 **Invited Member, Social Psychology Committee**, Association for the Advancement of Applied of  
Sport Psychology (AAASP), Appointed to a 3-year term
- 2000-- Manuscript Reviewer, **International Journal of Sport Psychology**
- 1999 Lecture presider, **Association for the Advancement of Applied Sport Psychology (AAASP)**, Banff,  
Alberta, Canada
- 1999-- Manuscript Reviewer, **Pediatric Exercise Science**
- 1999-- Manuscript Reviewer, **Research Quarterly for Exercise and Science**
- 1996-- Manuscript Reviewer, **Journal of Sport and Exercise Psychology**

#### **PROFESSIONAL ASSOCIATION PARTICIPATION:**

- 2001-- American Alliance on Health, Physical Education, Recreation, and Dance (**AAHPERD**)
- 2000-- Society for Research in Child Development (**SRCD**)
- 1996-- Association for the Advancement of Applied Sport Psychology (**AAASP**)
- 1994-- North American Society for the Psychology of Sport and Physical Activity (**NASPSA**)

- 1994- 1999    Aerobics and Fitness Association of America (**AFAA**)  
1993-1996    American Psychological Association (**APA**)

**COMMUNITY/EXTERNAL SERVICE:**

- 2017--        **Cherry Creek School District Wellness Committee** – Consultant and Evaluation
- 2016--        **Action for Healthy Kids** – Parental Advisory Board Member
- 2015--        **Tiger Miles Club (Rolling Hills Elementary School)** – Developed, Implemented and Sustained Before School Mileage Club
- 2014         **SpaTimeLiving**, Expert Podcast Interview on Parenting and Stress in Youth Sport
- 2003--        Advisory Panel Member, **Special Olympics Athlete Retention Study, Center for Social Development and Education**, University of Massachusetts-Boston
- 2002-2003    Mental Skills Trainer, **Greeley Central High School “Athletic Weights” Program**, Greeley, Colorado
- 1999         Instructor, Brighton Heritage Academy Outdoor Education backpacking trips, Brighton, Colorado
- 1998-1999    Volunteer Instructor, **National Sports Center for the Disabled (NSCD)**, Winter Park, Colorado  
2001--
- 1999         Staff, National Youth Sport Program (NYSP), University of Northern Colorado, Greeley, Colorado
- 1992--        Coach, Special Olympics Volunteer
- 1993-1994    Research Publication Aid and Staff, Children’s Hospital Journey Program, Seattle, Washington
- Summers     Instructor, Children’s Summer Sports Program, University of Oregon, Eugene, Oregon  
1990-1997

**UNIVERSITY SERVICE:**

**School of Sport and Exercise Science:**

- 2015--        **McNair/Honors Program Liaison** - School of Sport and Exercise Science -
- 2010- 2015    **Member, SES EC** – Evaluation Committee, School of Sport and Exercise Science, University of Northern Colorado, Greeley, Colorado
- 2008-2010    **Chair, EC** – Evaluation Committee, School of Sport and Exercise Science, University of Northern Colorado, Greeley, Colorado
- 2005-2009    **Coordinator & Exercise Science Area Representative**, TracDat assessment, School of Sport and Exercise Science, University of Northern Colorado, Greeley, Colorado.
- 2005-        **Member**, (DEC/EC) Department Evaluation Committee & Workload Task Force, School of Sport and Exercise Science, University of Northern Colorado, Greeley, Colorado.
- 2004-        **Member**, Evaluation of Teaching Task Force, School of Sport and Exercise Science, University of Northern Colorado, Greeley, Colorado.

- 2004        **Member**, Search Committee for Assistant Professor in Sport and Exercise Science: Pedagogy
- 2003--      **Committee Member**, Coaching Task Force, School of Sport and Exercise Science, University of Northern Colorado, Greeley, Colorado.
- 2002-2005   **Committee Member**, Curriculum Committee, School of Sport and Exercise Science, University of Northern Colorado, Greeley, Colorado.
- 2001-2006   **Honors Coordinator**, School of Sport and Exercise Science, University of Northern Colorado, Greeley, Colorado.

**University:**

- 2013--      **IRBnet co-administrator**, University of Northern Colorado, Greeley, Colorado
- 2009--      **IRB Co-Chair**, University of Northern Colorado, Greeley, Colorado
- 2009  
(Spring)    **IRB Board Member**, University of Northern Colorado, Greeley, Colorado
- 2005        **Panel Judge**, Undergraduate Works in Progress Symposium for the University of Northern Colorado
- 2005        **SPARC Grant Reviewer**, Reviewer for 2005 Summer Faculty Research Fellowship Applications
- 2005--      **NHS Coordinator & Trainer**, TracDat Assessment, co-trainer for programs and faculty representatives in the College of Natural and Health Sciences.
- 2002--      **Board Member**, Cesar Chavez Cultural Center Advisory Board, University of Northern Colorado, Greeley Colorado.
- 2002--      **Faculty Advisor**, UNC Cheerleading, Greeley, Colorado
- 2002        **Committee Member**, UNC Women's Head Volleyball Coach Search
- 2002        **Committee Member**, UNC Women's Assistant Volleyball Coach Search
- 1998-99    **Vice President**, Graduate Student Association, University of Northern Colorado, Greeley, Colorado

**GRADUATE STUDENT COMMITTEES**

**Doctoral Committees (Chair or co-chair):**

Jessica Kirby (Ph.D.) (Chair).

Kayla Smith (Ph.D.) (Co-Chair).

Lyndsie Koon (Coleman) (Ph.D.) (Co-Chair). The influence of participation in socially engaging or complex physical activities on executive function among older adults. Dissertation completed Fall 2016.

Brett Nichols (Ph.D.) (Co-Chair). Predicting coaching efficacy in NCAA Assistant Coaches': A social psychological analysis of coaching goals, beliefs, and values. Dissertation completed Fall 2015.

Chelsea Pierotti (Ph.D.) (Chair). An exploration of peer leadership and group dynamics in high school spirit teams. Dissertation completed Summer 2014.

Kristina Moore (Ph.D.) (Chair). An investigation of the self-handicapping process in collegiate athletes. Dissertation completed Summer 2013.

Amber Burgess (Ph.D.) (Chair). Parental influence on youth motivation to be physically active. Dissertation completed Spring 2009.

Haley Perlus (Ph.D.) (Chair). The effect of a reflective conversation goal setting workshop on the self-determined of snow sport coaches. Dissertation completed June, 2008.

Hinkle, Shelby (Ph.D.) (co-chair). Cognitive dissonance in athletic hazing: The roles of commitment and athletic identity. Dissertation completed Fall 2005.

Kulikov, Nicole (Ph.D.) (co-chair). The impact of competitive youth swimming on the family system. Dissertation completed Winter 2005.

Doctoral Committees (Member):

Susannah Moore (Ph.D.). Faculty Representative, Committee member. Educational Psychology

Maya Schmidt (Ph.D.). Faculty Representative, Committee member. Counseling Psychology

Marshall Milbrath (Ph.D.) Committee Member.

Joshua Coon (Ph.D.). Committee Member.

Brandy Lynch (Ph.D.). Committee Member. Addressing the assessment of professionalism in physical education teacher education: A Multi-case study of nationally accredited programs. Dissertation completed Summer 2017.

Abdullah Akbar (Ph.D.). Committee Member. Examining the influence of modified tennis equipment on young players' enjoyment, perceived competence, and intention to participate in tennis in the State of Kuwait. Dissertation completed Spring 2016.

Caly Setiawan (Ph.D.). Committee Member. Identity negotiation among immigrant youths: A phenomenological study using experiential physical activity. Dissertation completed Spring 2015.

Melissa Davies (Ph.D.) Committee Member. The relationship between information processing, basic need satisfaction, and self-determined motivation in adult golfers. Dissertation completed Spring 2014.

Jeremy Yeats (Ph.D.) Committee Member. Educational governance and structure of Hawaii regarding art, music and physical education. Dissertation completed Spring 2014.

Roy Kaipo McGuire (Ph.D.). Committee Member. The dynamic of self-determined motivation, passion and athlete satisfaction over one competitive season in intercollegiate athletes. Dissertation completed Spring 2013.

Katharine Burakowski (Ph.D.) Committee Member. Organizational commitment of NCAA Division II assistant coaches: Exploring issues of retention. Dissertation completed Summer 2012

Brenda Baumgarder (Ph.D.). Committee Member. The athlete and the L-word: Female athlete responses to the lesbian label. Dissertation completed Summer 2012

Misti Neutzling (Ph.D.) Committee Member. Characteristics of an effective high school volleyball coach. Dissertation completed Summer 2012

- Heather Muir (Ph.D) Committee Member. Media Portrayals of athletes in televised sports: A content analysis of ice hockey broadcasts during the 2010 winter Olympic games. Dissertation completed Summer 2011.
- Gorham, Jeb (Ph.D.) An investigation of organizational culture type and cultural values in campus recreation., Dissertation completed Fall 2009.
- Angela Dunn (Ph.D.). Counseling Psychology, The effects of athletic identity, perceived sport competence and self-esteem on disordered eating among female collegiate athletes. Dissertation completed Summer 2009.
- Willson, Bryce (Ph.D.) Faculty Representative, Committee member. Counseling Psychology, The impact of the high level athlete on the sibling relationship. Dissertation completed Spring 2007.
- Sverduk, Kevin (Ed.D.) An evaluation of the quality of the practice regimen of NCAA Division I Women's tennis and Golf Teams. Dissertation committee member, completed Spring 2006.
- Anton, Phil (Ph.D.) Dissertation Committee Member. Activities of daily living, fatigue, and quality of life in the cancer patient: the effect of a therapeutic exercise regimen. Dissertation completed Fall 2006.
- Wisdom, Tracy (Ph.D.) Dissertation committee member. Assessing the effectiveness of the NCAA CHAMPS/Life skills program model at meeting the developmental and psychosocial needs of Division I student-athletes. Dissertation completed May 2005.
- Vanek, Betty (Ph.D.) Dissertation committee member Pre-and post-bariatric surgery physical activity behavior patterns: A holistic case study. Dissertation completed November, 2005.
- Doty, Joe (Ph.D.). The development and validation of an instrument to measure character in sport at the U.S. Military academy. Dissertation committee member, dissertation completed in 2005.
- Watkins, Kathryn (Ph.D.) Counseling Psychology. The role of counselor spirituality and training on counselor treatment focus, self-reported willingness, and self-reported competency in therapy. Faculty Representative committee member, dissertation completed in 2004.
- Casper, Jonathan (Ph.D.) Explaining adult tennis participants' participation frequency and purchase behavior with the sport commitment model. Dissertation committee member, dissertation completed in 2004.
- Galvan, Christine (Ph.D.) Investigating the impact of service-learning on teacher candidates in a course designed to serve youth at-risk. Dissertation committee member, dissertation completed 2004.
- Noble, Jeff (Ed.D.) Faculty attitudes toward NCAA Division III athletics. Dissertation committee member, dissertation completed in 2004.
- Lee, Tom (Ed.D.) Dissertation committee member An examination of organizational culture of selected National Governing Bodies using the Competing Values Framework. Dissertation completed in 2004.
- (Doctoral Committees Member at other Universities)
- Hessler, Karen (Ph.D.) Dissertation committee member. University of Colorado Health Sciences, Nursing. Physical activity of rural Northwester Colorado preschoolers. Dissertation completed in 2007.

Master's Thesis Committees:

- Janelle Beilman (M.S.) (Chair). The relationship between mothers' self-perceptions and sport-specific socialization support for their daughters. Thesis completed June 2014.
- Susannah Moore (M.S.) (Chair). Body image discrepancy and social physique anxiety, a link to physical activity participation in preadolescents. Thesis completed March 2013.
- Christina Ibarra (M.S.). Assessing leadership behavior in high school varsity boys basketball coaches. Completed Fall 2012.
- Megan Casey (Campbell) (M.S.). (Committee Member). Relationship between motives for physical activity, self-perception and life satisfaction in incarcerated adolescent females. Thesis completed March 2009.
- Katharine Mack (M.S.). (Committee Member). Comparison of a suction type transtibial prosthesis and a lock and pin transtibial prosthesis: A case study. Thesis completed June 2008.
- Jared Wallen (M.S.). (Committee Member). Developing self-determination in youth through participation football. Thesis completed May 2008.
- Wonder, Andrew (M.S.). (Committee Member). A content analysis of the athlete development systems used by summer Olympic national governing bodies of the USOC. Thesis completed April 2006.
- Marlatt, Holly (M.S.). (Committee Member). The relationship between children's perception of personal autonomy in organized sport and time spent in unstructured physical activity. Thesis completed December 2005.
- Grove, Kevin (M.S.). (Chair) The relationship between collective efficacy and group cohesion in elite cycling teams. Thesis completed May, 2004.
- Wisdom, Stacey (M.S.) (Co-Chair). Interscholastic athletics: Examining the relationships among achievement goal orientations, social motivational orientations and gender. Thesis completed May, 2003.
- Wachsman, Trevor (M.S.) (Co-chair) Participation motives and the perceived role of winning to subjective task value and expectancies of success in competitive youth soccer players. Thesis completed December 2003.

#### Undergraduate Honors Thesis Committees

Polson, Taylor (advisor).

Wallace, Lindsey (B.A.) Jump Rope: The Emergence of a Sport. Thesis committee member. Thesis completed December 2005.

#### **TEACHING:**

##### Undergraduate

Fall 2015	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2015	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2014	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2014	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2013	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2013	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2012	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2011	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2011	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2010	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2010	Motor Learning and Development	School of Sport and Exercise Science, UNC



Spring 2009	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2008	Motor Learning and Development	School of Sport and Exercise Science, UNC
Winter 2008	Psychosocial Dimensions of Sport	College of Higher Education, DU
Spring 2008	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2007	Psychological Analysis of Sport and Exercise	School of Sport and Exercise Science, UNC
Fall 2007	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2007	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2007	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2006	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2006	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2005	Social Influences on Sport and Exercise	School of Sport and Exercise Science, UNC
Fall 2005	Psychological Analysis of Sport and Exercise	School of Sport and Exercise Science, UNC
Fall 2005	Motor Learning and Development	School of Sport and Exercise Science, UNC
Winter 2005	Psychosocial Dimensions of Sport	College of Higher Education, DU
Spring 2005	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2005	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2004	Psychological Analysis of Sport and Exercise	School of Sport and Exercise Science, UNC
Fall 2004	Motor Learning and Development	School of Sport and Exercise Science, UNC
Spring 2004	Psychology of Sport	Depart. of Health & Exercise Science, CSU
Spring 2004	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2003	Motor Learning and Development	School of Sport and Exercise Science, UNC
Fall 2003	Psychological Analysis of Sport and Exercise	School of Sport and Exercise Science, UNC
Spring 2003	Psychological Analysis of Sport and Exercise	School of Sport and Exercise Science, UNC
Spring 2003	Social Influences on Sport and Exercise	School of Sport and Exercise Science, UNC
Fall 2002	Social Influences on Sport and Exercise	School of Sport and Exercise Science, UNC
Spring 2002	Psychological Analysis of Sport and Exercise	School of KPE, UNC
Spring 2002	Social Influences on Sport and Exercise	School of KPE, UNC
Fall 2001	Bio-Physical Aspects of Aging (HHS 415)	Health and Human Sciences, UNC
Fall 2001,	Psychological Analysis of Sport and Exercise	School of KPE, UNC
Fall 2001	Social Influences on Sport and Exercise	School of KPE, UNC
Spring 2001	Sport Psychology	Psychology, UCLA
Winter 2001	Honors Sport Psychology	Psychology, UCLA
Summer 2000	Research Methods for Social Psychology	Psychology, UCLA
Spring 1998	Social Influences on Sport and Exercise	School of KPE, UNC
Spring 1997	Psychological Analysis of Sport and Exercise	School of KPE, UNC
1996-1998	Neuromotor Kinesiology Laboratories	School of KPE, UNC
1996-1998	Aerobics	School of KPE, UNC
1996-1998	Aquacize	School of KPE, UNC
1994-1996	Aerobics	Exercise and Movement Science, UO

**Graduate**

Spring 2016	Theories of Health Behavior	School of Sport and Exercise Science, UNC
Fall 2015	Exercise and Sport Psychology	School of Sport and Exercise Science, UNC
Spring 2015	Concepts in Kinesiology: Motivation	School of Sport and Exercise Science, UNC
Spring 2014	Exercise and Sport Psychology	School of Sport and Exercise Science, UNC
Spring 2013	Concepts in Kinesiology: Motivation	School of Sport and Exercise Science, UNC
Fall 2012	Exercise and Sport Psychology	School of Sport and Exercise Science, UNC
Fall 2011	Advanced Sociological Kinesiology	School of Sport and Exercise Science, UNC
Spring 2011	Exercise and Sport Psychology	School of Sport and Exercise Science, UNC
Spring 2010	Concepts in Kinesiology: Motivation	School of Sport and Exercise Science, UNC
Spring 2009	Exercise and Sport Psychology	School of Sport and Exercise Science, UNC
Fall 2008	Advanced Sociological Kinesiology	School of Sport and Exercise Science, UNC
Spring 2008	Concepts in Kinesiology: Motivation	School of Sport and Exercise Science, UNC
Fall 2007	Advanced Sociological Kinesiology	School of Sport and Exercise Science, UNC
Spring 2007	Exercise and Sport Psychology	School of Sport and Exercise Science, UNC
Spring 2006	Concepts in Kinesiology: Motivation	School of Sport and Exercise Science, UNC

Spring 2005	Applications of Sport Psychology	School of Sport and Exercise Science, UNC
Fall 2004	Concepts in Kinesiology: Motivation	School of Sport and Exercise Science, UNC
Summer 2004	Introduction to Research Methods	School of Sport and Exercise Science, UNC
Spring 2004	Assessment in Sport and Exercise Science	School of Sport and Exercise Science, UNC
Fall 2003	Exercise and Sport Psychology	School of Sport and Exercise Science, UNC
Summer 2003	Introduction to Research Methods	School of Sport and Exercise Science, UNC
Spring 2003	Concepts in Kinesiology: Motivation	School of Sport and Exercise Science, UNC
Fall 2002	Applications of Sport Psychology	School of Sport and Exercise Science, UNC
Summer 2002	Introduction to Research Methods	School of Sport and Exercise Science, UNC
Spring 2002	Concepts in Kinesiology: Motivation	Kinesiology and Physical Education, UNC
Summer 1998	Developmental Kinesiology	Kinesiology and Physical Education, UNC

**Extended Studies/Independent Study (On-line)**

Fall 2013, 2014,2015	Action Research for Sports Coaching	UNC, Sports Coaching Master's Program
Summer 2013, 2014, 2015	Psychology of Sports Coaching	UNC, Sports Coaching Master's Program
Spring 2013	International Perspectives in Sports Coaching	UNC, Sports Coaching Master's Program
Fall 2012	Advanced Technology for Sports Coaching	UNC, Sports Coaching Master's Program
Fall 2011	Introduction to Research Methods	UNC, Sport and Exercise Science Extended Degree Sport Administration Master's Program, Colorado Springs
Fall 2010	Introduction to Research Methods	UNC, Sport and Exercise Science Extended Degree Sport Administration Master's Program, Denver
Fall 2008	Introduction to Research Methods	UNC, Sport and Exercise Science Extended Degree Sport Administration Master's Program, Denver
Fall 2007	Introduction to Research Methods	UNC, Sport and Exercise Science Extended Degree Sport Administration Master's Program, Colorado Springs
Fall 2006	Introduction to Research Methods	UNC, Sport and Exercise Science Extended Degree Sport Administration Master's Program, Denver
Fall 2005	Introduction to Research Methods	UNC, Sport and Exercise Science Extended Degree Sport Administration Master's Program, Colorado Springs
Fall 2004	Introduction to Research Methods	UNC, Sport and Exercise Science Extended Degree Sport Administration Master's Program, Denver
Fall 2003	Introduction to Research Methods	UNC, Sport and Exercise Science Extended Degree Sport Administration Master's Program, Denver
2002-2008	Sport Psychology for Coaches	Center for Professional Development, UNC

**Programs Developed**

1999-2001	Undergraduate Student Research Program through the International Center for Talent Development, Department of Psychology, University of California – Los Angeles, California.
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**PROFESSIONAL DEVELOPMENT ACTIVITIES:**

Internships:

Summer 1997 Cooper Institute for Aerobic Research, Division of Child and Adolescent Health, Dallas, Texas.

Workshops, Clinics, Symposia, Conferences:

2002 Blackboard Basics training through the Center for Professional Development at the University of Northern Colorado.

2002 David Bauer's Grantwriting Workshop sponsored by SPARC at University of Northern Colorado.

1999 Participated in "Parents Educating Parents" Workshop for people in the lives of individuals with cognitive disabilities.

**HONORS AND AWARDS:**

2014 Research Fellow, AAHPERD Research Consortium/SHAPE Research Council

2010 Promotion to Professor, University of Northern Colorado, Greeley, Colorado

2008 Outstanding Professor Award, Delta Xi Chapter of Delta Zeta Sorority, UNC, Greeley, Colorado

2005 Scholar of the Year, College of Health and Human Sciences, UNC, Greeley, Colorado

2005 Tenure and Promotion to Associate Professor, University of Northern Colorado, Greeley, Colorado

2002 Faculty Merit, College of Health and Human Sciences, UNC, Greeley, Colorado.

1999 Graduate Dean's Citation for Outstanding Dissertation, UNC, Greeley, Colorado.

1999 Rookie Instructor of the Year, National Sports Center for the Disabled, Winter Park, Colorado.

1998 Graduate School Merit Fellowship, University of Northern Colorado, Greeley, Colorado.

1997 Outstanding Graduate Student Research Award, University of Northern Colorado, Greeley, Colorado

1991 Most Inspirational Gymnast, Department of Intercollegiate Athletics, University of Washington, Seattle, Washington.

1989-1993 Four Year Varsity Letter Winner – Gymnastics, Department of Intercollegiate Athletics, University of Washington, Seattle, Washington.