

# RESPONSIBLE CONSUMPTION

## LAWS

- Illegal to consume under the age of 21
- Illegal to use in public or on federal property
- DUI if driving high
- Marijuana (even medical) is prohibited on UNC campus

## RESOURCES

**Responsibility Grows Here**  
[responsibilitygrowshere.com](http://responsibilitygrowshere.com)

**State of Colorado**  
[colorado.gov/pacific/marijuana/laws-about-marijuana-use](http://colorado.gov/pacific/marijuana/laws-about-marijuana-use)

**Rocky Mountain Poison and Drug Center**  
1-800-222-1222 | [rmpds.org](http://rmpds.org)



## EDIBLE DOSING CHART

*1 Serving of Tetrahydrocannabinol (THC) = 10 milligrams (mg)*

**1-2.5mg THC** Mild relief of pain and anxiety

**5-10mg THC** Euphoria; can impair coordination and alter perception

**15-30mg THC** Strong euphoria or unwanted effects in new users; can impair coordination and alter perception

New to marijuana and are unsure how it will affect you?  
Start with a low dose - 5mg of THC.

*Signs that you've had too much can include extreme confusion, anxiety, paranoia, panic, fast heart rate, hallucinations and vomiting.*

**Emergency or someone's had too much?**  
Call 911 or Rocky Mountain Poison and Drug Center 1-800-222-1222

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[unco.edu/center-peer-education](http://unco.edu/center-peer-education)



Center for  
Peer Education