

# BLOOD ALCOHOL CHART

Approximate BAC for Biological Males after 1 Hour of Drinking

## WEIGHT IN POUNDS

		100	120	140	160	180	200	220	240	260	280
# OF DRINKS	1	.04	.03	.03	.02	.02	.02	.02	.02	.01	.01
	2	.08	.06	.05	.05	.04	.04	.03	.03	.02	.02
	3	.11	.09	.08	.07	.06	.06	.05	.05	.04	.04
	4	.15	.12	.11	.09	.08	.08	.07	.06	.06	.05
	5	.19	.16	.13	.12	.11	.09	.09	.08	.08	.07
	6	.23	.19	.16	.14	.13	.11	.10	.09	.09	.09



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# BLOOD ALCOHOL CHART

Approximate BAC for Biological Females after 1 Hour of Drinking

## WEIGHT IN POUNDS

	90	100	120	140	160	180	200	220	240
1	.05	.05	.04	.03	.03	.03	.02	.02	.02
2	.10	.09	.08	.07	.06	.05	.05	.04	.04
3	.15	.14	.11	.10	.09	.08	.07	.06	.06
4	.20	.18	.15	.13	.11	.10	.09	.08	.08
5	.25	.23	.19	.16	.14	.13	.11	.10	.09
6	.30	.27	.23	.19	.17	.15	.14	.12	.11



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