

ALL BODIES ARE GOOD BODIES

Eating Disorder Awareness Week February 21-25th



Center for
Peer Education

Counseling
Center


Campus
Recreation

Center for Women's
& Gender Equity



EATING DISORDER AWARENESS PANEL

Anonymous Q&A session for all of your questions about eating disorders and disordered eating.


 Zoom, February 22nd, 5:30pm-6:30pm

Sign-up for Zoom link via
Eventbrite here!



MYTHS VS. FACTS INSTAGRAM CAMPAIGN

Learn about common myths surrounding eating disorders and disordered eating with the Center for Women's & Gender Equity.

 CWGE's Instagram, all week long

Give the center a follow!



unco_cwge



POST-IT NOTE AFFIRMATIONS

Write down your positive affirmations and self-love mantras to build community at UNC (in-person and virtually!).

 Campus Recreation Center & Instagram, all week long

Give the center a follow!



unco_campusrec

Virtual Affirmations
Submission

