TO: ALL STUDENTS, FACULTY, AND STAFF OF THE UNIVERSITY OF NORTHERN COLORADO

FROM: Grace Turner, MPH

PREVENTION COORDINATOR, PREVENTION EDUCATION & ADVOCACY SERVICES UNIVERSITY OF NORTHERN COLORADO

(970) 351-1136- Grace.Turner@unco.edu

The following is an annual notification about alcohol and other drugs. Please take a moment to read through this notification and visit any relevant links. Annual notification regarding alcohol and other drug policies, laws, institutional sanctions, and health risks is mandated by the Drug Free Schools and Communities Act (DFSCA) of 1989.

STUDENT RESPONSIBILITIES

Use of alcohol and other drugs by students is defined by the Drug and Alcohol Policy.

- All UNC students are required to abide by University policies, as well as local, state, and federal regulations regarding alcohol and other drugs. A link outlining such laws is provided below.
- The use, possession, consumption, distribution, or presence of alcohol is prohibited for persons under the age of 21 at all times in all University Residence Halls.
- The possession, use, and/or distribution of illegal drugs, including prescription medications that are not prescribed by a medical provider, is prohibited. The use of marijuana on campus, even with a valid medical marijuana license, is prohibited.

Violation of The Drug and Alcohol Policy will result in judicial sanctions, which may result in suspension or expulsion. The full policy may be read at the Dean of Students webpage by clicking <u>here</u>.

FACULTY/STAFF RESPONSIBILITES

All employees must adhere to the Drug and Alcohol Policy. Violation of this policy will result in disciplinary sanctions which may include termination. To learn more about faculty and staff responsibilities, <u>click here.</u>

LOCAL, STATE, AND FEDERAL LAWS

Illegal use of alcohol or other drugs carries the consequences of local, state, and federal laws. UNC encourages students, faculty, and staff to be aware of these laws.

A table is attached to help understand alcohol and other drug offenses and their consequences. This table is not comprehensive of all statutes and laws, and may not include local statutes applicable to where you live. Check your local government's website for more details.

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ALCOHOL				
Alcohol consumption/ possession: Under 21	Unclassified Petty Offense	None	\$50 to \$250	
Juvenile DUI: Under 21 BAC between .02 and .05	Class A Traffic Infraction	None	\$15 to \$100	
2nd Offense = Class 2 Traffic Misdemeanor		10-90 days	\$150 to \$300	
Driving While Impaired (DWAI) (BAC .0508)	Traffic Misdemeanor	2 -180 days	\$200 to \$500	
Driving under the influence (BAC above.08)	Traffic Misdemeanor	5 - 365 days	\$600 to \$1,000	
Open Alcohol Container	Class A Traffic Infraction	None	\$50	
CONTROLLED SUBSTANCES				
Possession:	ı		ı	
Schedule I and II, such as: Cocaine, Opium, Heroin, Morphine, Methadone, LSD, Mescaline, Psilocybin, GHB	Level 4 Drug Felony	6 months to 1 year	\$1000 to \$100,000	
Schedule III, IV, or V, such as: PCP, Codeine, Diluadid Chloral Hydrate, Tranquilizers, some barbiturates and stimulants, Codeine and other narcotics	Level 1 Drug Misdemeanor	6 to 18 months	\$500 to \$5,000	
Distribution, Manufacturing, Dispensing, or Sale:				
More than 225g Schedule I or II, or more than 112g methamphetamine, heroine, ketamine, or cathinones	Level 1 Drug Felony	8-32 years	\$5,000 to \$1,000,000	
14-225g Schedule I or II, or 7-112g methamphetamine, heroine, ketamine, or cathinones	Level 2 Drug Felony	4-8 years	\$3,000 to \$750,000	
Less than 14g Schedule I or II, or less than 7g methamphetamine, heroine, ketamine, or cathinones, or more than 4g Schedule III or IV	Level 3 Drug Felony	2-4 years	\$2,000 to \$500,000	
Less than 4g Schedule III or IV	Level 4 Drug Felony	6 months to 1 year	\$1000 to \$100,000	
Schedule V	Level 1 Drug Misdemeanor	6 to 18 months	\$500 to \$5,000	
Use:				
Any controlled substance without prescription	Level 2 Drug Misdemeanor	0 to 12 months	\$50 to \$750	
Marijuana Possession				
Personal Use				
One oz or less*	no penalty	none	\$0	
Transfer of one oz or less for no remuneration*	no penalty	none	\$0	
Open and public displays or uses of less than 2 oz	Drug Petty Offense	none	\$100	
2 - 6 oz	Level 2 Drug Misdemeanor	0 to 12 months	\$50 to \$750	
6 - 12 oz of marijuana or less than 3 oz of marijuana concentrate	Level 1 Drug Misdemeanor	6 to 18 months	\$500 to \$5,000	
More than 12 oz of marijuana or more than 3 oz of concentrate	Level 4 Drug Felony	6 months to 1 year	\$1000 to \$100,000	
* By persons 21 years of age or older.				
Sale or Distribution				
Less than 4 oz marijuana or less than 2 oz marijuana concentrate	Level 1 Drug Misdemeanor	6 to 18 months	\$1000 to \$100,000	
4-12 oz Marijuana or 2-6 oz Marijuana Concentrate	Level 4 Drug Felony	6 months to 1 year	\$1000 to \$100,000	

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12 oz – 5lbs Marijuana or 6oz – 2.5 lbs Marijuana Concentrate	Level 3 Drug Felony	2-4 years	\$2,000 to \$500,000	
5-50 lbs Marijuana or 2.5-25 lbs Marijuana Concentrate	Level 2 Drug Felony	4-8 years	\$3,000 to \$750,000	
More than 50 lbs Marijuana or 25 lbs Marijuana Concentrate	Level 1 Drug Felony	8-32 years	\$5,000 to \$1,000,000	
Sales to a minor are felonies and with enhanced sentencing guidelines, depending on the amount.		Up to 32 years	Up to \$1M	
Cultivation (Residential Property)				
12 plants or fewer*	no penalty	none	\$0	
More than 12 plants, 1st offense	Drug Petty Offense	none	\$1,000	
2 nd or subsequent offense, 12-24 plants	Level 1 Drug Misdemeanor	6 to 18 months	\$1000 to \$100,000	
2 nd or subsequent offense, more than 24 plants	Level 3 Drug Felony	2-4 years	\$2,000 to \$500,000	
* By persons 21 years of age or older.				
Paraphernalia				
Possession of drug paraphernalia	Drug Petty Offense	N/A	\$100	

Check your local government's website for more details. You can find more information about state laws here, and federal laws here.

RECOVERY PROGRAMS AND OPTIONS

Below is a list of resources, both on-campus and in the community.

- UNC Counseling Center: (970) 351-2496
- Greeley Creative Counseling: (970) 378-8805 Level II Alcohol classes only.
- Ft. Collins Creative Counseling: (970) 221-4057 Level 1 and Level 11 classes.
- Windsor Creative Counseling: (970)686-6304 Level 1 and Level 11 classes.
- Alcoholics Anonymous: (970) 351-0240
- Narcotics Anonymous 970-282-8079
- North Range Behavioral Health: (970) 347-2120

Additional resources can be found <u>here</u>.

HEALTH RISKS

In additional to legal, vocational, and educational consequences, the use of alcohol or other drugs can result in the following immediate and ongoing health concerns:

Alcohol – Risk of overdose causing illness, injury, comatose state, and death. Risks increase when combined with the heavy use of caffeine, or the use of other drugs. Long-term use may lead to dependence, addiction, or death.

Anabolic Steroids – Use of anabolic steroids can causes changes to the brain and body that lead to serious injury or death. Long-term use can result in damage to the cardiovascular system.

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Benzodiazepines/Sedatives – Risk of overdose causing memory impairment, loss of reflexes, illness, injury, comatose state, and death. Risks increase with the use of alcohol.

Cocaine – High risk of overdose resulting in seizures, cardiac arrest, stroke, comatose state, and death. Long-term use can result in increased hostility, paranoia, and profound addiction and dependence.

Ecstasy/MDMA – Risk of overdose causing greatly increased body temperature, hypertension, kidney failure, exhaustion, and death. Long-term use may lead to damage to serotonin receptors in the brain.

Hallucinogens – Belladonna drugs carry the risk of overdose causing seizures, coma, psychosis, and death. Non-belladonna drugs carry the risks of dehydration, diarrhea and nausea. Hallucinations from use may result in long-term psychological problems.

Heroin – High risk of overdose resulting in decreased heart rate and breathing, illness, injury, comatose state, and death. Risk of withdrawal is very high, causing loss of appetite, lethargy, diarrhea, shivering, sweating, cramps, and extreme sensitivity to pain. Even minimal use can develop dependence and addiction.

Marijuana – Use of marijuana may result in increased anxiety, impaired decision making, and complications to the cardiovascular system (particularly with individuals at-risk for heart disease). Long-term use is linked with impairment of certain brain functions (e.g. memory retention, reaction times) and decreased motivation.

Methamphetamine – High risk of overdose resulting in lethal cardiac arrest, extreme hyperthermia, and death. Long-term use can result in loss of teeth, blemishes on the skin, dependence, and addiction.

Nicotine – Risk of overdose is possible, but rare, resulting in dizziness, weakness, nausea, tremors, and convulsions. Even short-term recurrent use of nicotine can lead to addiction.

Prescription Medications – Risk of overdose causing nausea, vomiting, and death. Long-term use may lead to lethargy, dependence, and addiction. Use of prescription medication also carries risks of the related side effects of that prescription medication

Thank you for your time in reviewing this important information. If you have any questions regarding alcohol or other drug use, you may contact Prevention Education and Advocacy Services at (970) 351-1136 or visit the program website.